

Ultrasound-Guided procedures for acute and chronic pain

General objectives:

The most thorough acquisition of knowledge on acute and chronic pain and the use of ultrasound as a tool to perform analgesic blocks in both clinical situations.

Specific objectives:

Once the workshop ends, the participant will be able to know the different regional blocks available to be used in multimodal analgesia, acquire the knowledge to develop the skills to perform a systematization of the spinal examination. The participant will acquire skills to implement blocks of the sacroiliac joint, facets, stellate ganglion, supraspinatus and others, valuing the advantages of doing it under ultrasound.

Development

2 groups with the same program (2 hours and a half duration) with schedules of:

-14: 00-16: 30 pm

-17: 00-19: 30 pm

It will be developed under the following modality:

1. Theoretical introduction: 20 minutes
2. Division and rotation of the participants (7 minimum, 10 maximum) in 4 stations

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A) HEAD AND NECK LOCK: Dr. Leticia Arén, Dr. Mariano Antúnez

- latine ganglion block
- Occipital nerve block
- block of the bicipital slide

B) BLOCKING OF SUPERIOR MEMBERS: Dr. Valentina Folle, Dr. Geanine Agüete, Dr. Catalina Bellolio

- intercalalic block
- Supraclavicular block
- Supraspinatus block

C) BLOCKING THE CERVICAL COLUMN: Dr. Francisco Asenjo, Dr. Manuel Alberti

- Spinal erector blockade (SPM)
- Epidural block
- Sacroiliac block
- Pyramidal block
- Facet block

D) TRUNK BLOCKS: Dr. Anahí Perlas, Dr. Paola Alcarraz

- paravertebral and intercostal block
- TAP block, lumbar square
- Ilioinguinal and iliohypogastric block